

## **CRISIS RESOURCES**

WWU Counseling and Wellness Center

360-650-3164 (press 1 after hours)

988 Suicide & Crisis Lifeline
Call or text 988

**Veterans Crisis Line**Dial 988 then press 1 or text 838255

Native and Strong Lifeline
Dial 988 then press 4

Crisis Text Line
Text HOME to 741741

**Community Crisis Line** 

1-800-584-3578

**Trevor Project (LGBTQ Support)** 

1-866-488-7386 or text START to 678678

**Trans Lifeline** 

1-877-565-8860 (not a 24-hour service)

**Domestic Violence Hotline** 

1-800-799-7233 or text START to 88788

**RAINN Sexual Assault Hotline** 

1-800-656-4673

COUNSELING AND WELLNESS CENTER









